

ST HILDA'S ASHFORD



MOTHERING SUNDAY 10AM 15 MARCH 2026

PRAYER: Give us this day our daily bread

The Sunday service is livestreamed and can be viewed later our Facebook page
https://www.facebook.com/StHildaAshford/live_videos
or see: <https://www.youtube.com/@sthildachurch8263>

Welcome to St Hilda's. We are delighted that you are able to share in our morning worship today,

If you are new to the church please do take time to introduce yourself to the people at the back of the church and to the ministry team at the end of the service. We would be delighted to meet you.

If you are able please join us for tea or coffee after the service so we can get to know one another.

Should you need any help during the service please do not hesitate to ask those around you and we are sure they will be able to support you.

There is a toddler's corner in the north aisle which young children are very welcome to use, and there activity sheets are available to occupy them.

Please indicate to the priest if you want a gluten free wafer during communion

We encourage parishioners to donate via PARISH GIVING:
<https://www.parishgiving.org.uk/donors/find-your-parish/ashford-st-hilda-ashford/>



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Today is Mothering Sunday. Traditionally, this Sunday has been a day of celebration, within the austere period of Lent. It is *Laetare* Sunday. The word comes from the Latin *laetare*, the singular imperative of *laetari*: "to rejoice". It gets its name from the first few words (incipit) of the traditional Latin entrance (Introit) for the Mass of the day. "Laetare Jerusalem" ("Rejoice, O Jerusalem") is Latin from Isaiah 66:10. It is also known as Rose Sunday, either because the golden rose sent by Popes to Catholic sovereigns used to be blessed at this time, or because the use of rose-coloured (rather than purple) vestments permitted on this day.

THE GATHERING

Introit Hymn

**What a friend we have in Jesus,
all our sins and griefs to bear!**

**What a privilege to carry
everything to him in prayer!**

**O what peace we often forfeit,
O what needless pain we bear,
all because we do not carry
everything to God in prayer!**

**Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged:
take it to the Lord in prayer!**

**Can we find a friend so faithful
who will all our sorrows share?
Jesus knows our every weakness;
take it to the Lord in prayer!**

**Are we weak and heavy laden,
cumbered with a load of care?
Jesus only is our refuge,
take it to the Lord in prayer!**

**Do thy friends despise, forsake thee?
Take it to the Lord in prayer!
In his arms he'll take and shield thee,
thou wilt find a solace there.**

[Joseph Medlicott Scriven]

The Greeting

In the name of the Father, and of the Son,
and of the Holy Spirit.

All Amen

The Lord be with you

All and also with you.

Words of welcome are said. We pray with Junior Church.

Prayer of Preparation

**All Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Prayers of Penitence

When the Lord comes,
he will bring to light the things now hidden in darkness,
and will disclose the purposes of the heart.
Therefore, in the light of Christ let us confess our sins.

All Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.

Kyrie Eleison

Lord, have mercy

Lord, have mercy

Christ, have mercy

Christ, have mercy

Lord, have mercy

Lord, have mercy

Absolution

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All Amen

The Collect -

The Collect for the Week is said after a moment of silence:

God of compassion,
whose Son Jesus Christ, the child of Mary,
shared the life of a home in Nazareth,
and on the cross drew the whole human family to himself:
strengthen us in our daily living
that in joy and in sorrow
we may know the power of your presence
to bind together and to heal;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All Amen

THE LITURGY OF THE WORD

Old Testament Reading

New Testament Reading - Philippians ch 4 vv 4 - 9

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

At the end the reader may say

This is the word of the Lord.

All Thanks be to God.

Gradual Hymn:

**Tell out, my soul, the greatness of the Lord:
Unnumbered blessings give my spirit voice;
Tender to me the promise of his word;
In God my Saviour shall my heart rejoice.**

**Tell out, my soul, the greatness of his name:
Make known his might, the deeds his arm has done;
His mercy sure, from age to age the same;
His holy name, the Lord, the mighty One.**

**Tell out, my soul, the greatness of his might:
Powers and dominions lay their glory by;
Proud hearts and stubborn wills are put to flight,
The hungry fed, the humble lifted high.**

**Tell out, my soul, the glories of his word:
Firm is his promise, and his mercy sure.
Tell out my soul, the greatness of the Lord
To children's children and for evermore.**

[Timothy Dudley-Smith © 1961 Dudley-Smith, Timothy]

Gospel Reading - Matthew ch 6 vv 25 – 34

Praise to you, O Christ, King of eternal glory.
The Lord is a great God,
O that today you would listen to his voice.
Harden not your hearts.

All Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to Matthew

All Glory to you, O Lord.

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?

“And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

After the reading:

This is the Gospel of the Lord.

All Praise to you, O Christ.

Taizé chant: **Eat this bread, drink this cup;
 come to me and never be hungry.
 Eat this bread, drink this cup;
 trust in me and you will not thirst.**

The Sermon – *All sit*

The Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

**All We believe in one God, the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

We pray to the Lord for courage to give ourselves to him this Lent.

The prayers end with the following:

Merciful Father,

**All accept these prayers
for the sake of your Son
our Saviour Jesus Christ.
Amen.**

THE LITURGY OF THE SACRAMENT

The Peace – *All stand*

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you

All and also with you.

Let us offer one another a sign of peace.

All may exchange a sign of peace.

Offertory Hymn

During this hymn a collection will be taken. You can use the QR code on page 3, and on the back of the chairs, for online donations.

**For the beauty of the earth,
For the beauty of the skies,
For the love which from our birth
Over and around us lies:
*Lord of all, to thee we raise
This our sacrifice of praise.***

For the beauty of each hour,
Of the day and of the night,
Hill and vale, and tree and flower,
Sun and moon and stars of light:

Refrain

For the joy of ear and eye,
For the heart and brain's delight,
For the mystic harmony
Linking sense to sound and sight:

Refrain

For the joy of human love,
Brother, sister, parent, child,
Friends on earth and friends above,
For all gentle thoughts and mild:

Refrain

For each perfect gift of thine,
To our race so freely given,
Graces human and divine,
Flowers of earth and buds of heaven.

Refrain

For thy Church, that evermore
Lifteth holy hands above,
Offering up on every shore
Her pure sacrifice of love:

Lord of all, to thee we raise

This our sacrifice of praise.

[F. S. Pierpoint]

The table is prepared, and bread and wine are placed upon it.

God of life, saviour of the poor,
receive with this offering
gratitude for your goodness, penitence for our pride
and dedication to your service
in Jesus Christ our Lord. **Amen.**

Eucharistic Prayer

The Lord be with you

All and also with you

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds we bless you for your mercy
and join with saints and angels for ever praising you and
singing:

**Holy, holy, holy Lord,
All God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
*Take, eat; this is my body which is given for you;
do this in remembrance of me.*

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
*Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.*

Great is the mystery of faith :
**All Christ has died:
Christ is risen:
Christ will come again.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of Hilda and all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All Amen.

The Lord's Prayer

Standing at the foot of the cross, as our Saviour taught us,
in the language of our hearts we pray:

We say the Lord's Prayer in our preferred language

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread to share in the body of Christ.

**All Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

Jesus, Lamb of God
All have mercy upon us.

Jesus, bearer of our sins,
have mercy upon us.

Jesus, redeemer of the world,
grant us peace

Giving of Communion

The president says the invitation to communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.

All We do not presume to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies may be made clean by his body
and our souls washed through his most precious blood,
and that we may evermore dwell in him, and he in us.
Amen.

The president and people receive communion.

All confirmed Anglicans, as well as all baptized Christians who truly believe in the Lord Jesus Christ and are in a state of grace, are welcome to receive communion, provided they would normally do so in their own church. If you are not receiving communion today, you are warmly invited to come forward for a blessing; please indicate this by bringing your order of service with you.

Communion Hymns

**Faithful Shepherd, feed me in the pastures green;
Faithful Shepherd, lead me where thy steps are seen.**

**Hold me fast, and guide me in the narrow way;
So, with thee beside me, I shall never stray.**

**Daily bring me nearer to the heavenly shore;
May my faith grow clearer, may I love thee more.**

**Hallow every pleasure, every gift and pain;
Be thyself my treasure, though none else I gain.**

**Day by day prepare me as thou seest best,
Then let angels bear me to thy promised rest.**

[T B Pollock]

**Father, hear the prayer we offer:
Not for ease that prayer shall be,
But for strength that we may ever
Live our lives courageously.**

**Not forever in green pastures
Do we ask our way to be;
But the steep and rugged pathway
May we tread rejoicingly.**

**Not forever by still waters
Would we idly rest and stay;
But would smite the living fountains
From the rocks along our way.**

**Be our strength in hours of weakness,
In our wanderings be our guide;
Through endeavour, failure, danger,
Father, be thou at our side.**

[Maria Willis]

**Sing we of the blessèd Mother
Who received the angel's word,
And obedient to his summons
Bore in love the infant Lord;
Sing we of the joys of Mary
At whose breast that child was fed
Who is Son of God eternal
And the everlasting Bread.**

**Sing we, too, of Mary's sorrows,
Of the sword that pierced her through,
When beneath the cross of Jesus
She his weight of suffering knew,
Looked upon her Son and Saviour
Reigning high on Calvary's tree,
Saw the price of man's redemption
Paid to set the sinner free.**

**Sing again the joys of Mary
When she saw the risen Lord,
And in prayer with Christ's apostles,
Waited on his promised word:
From on high the blazing glory
Of the Spirit's presence came,
Heavenly breath of God's own being,
Manifest through wind and flame.**

**Sing the chiefest joy of Mary
When on earth her work was done,
And the Lord of all creation
Brought her to his heavenly home:
Virgin Mother, Mary blessed,
Raised on high and crowned with grace,
May thy Son, the world's redeemer,
Grant us all to see his face.**

[G B Timms

© Words: 1975 English Hymnal Company (Oxford University Press);
Music: 1942, Renewed 1970 Oxford University Press]

Prayers after Communion

Silence is kept after which the post-Communion collect is said.

Loving God,
as a mother feeds her children at the breast
you feed us in this sacrament
with the food and drink of eternal life:
help us who have tasted your goodness
to grow in grace within the household of faith;
through Jesus Christ our Lord. **Amen.**

All **Father of all, we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

Mothering Sunday posies are blessed and distributed

Notices - see pages 22 - 26

THE DISMISSAL

St. Hilda's prayer

All May I be equal to your hope of me.
If I am weak, I ask that you send only what I can bear.
If I am strong, may I shrink from no testing
that shall yield increase of strength
or win security for my spirit.
I trust in thee, O Lord.
I say, 'Thou art my God.'
My times are in thy hand. Amen

Blessing

Christ the Sun of Righteousness shine upon you,
scatter the darkness from before your path,
and make you ready to meet him when he comes in glory;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

Go in the peace of Christ

All Thanks be to God.

Recessional Hymn

I cannot tell how he whom angels worship
Should stoop to love the peoples of the earth,
Or why as shepherd he should seek the wand'rer
With his mysterious promise of new birth.

**But this I know, that he was born of Mary,
When Bethl'em's manger was his only home,
And that he lived at Nazareth and laboured,
And so the Saviour, Saviour of the world, is come.**

**I cannot tell how silently he suffered,
As with his peace he graced this place of tears,
Or how his heart upon the cross was broken,
The crown of pain to three and thirty years.
But this I know, he heals the broken-hearted,
And stays our sin, and calms our lurking fear,
And lifts the burden from the heavy laden,
For yet the Saviour, Saviour of the world, is here.**

**I cannot tell how he will win the nations,
How he will claim his earthly heritage,
How satisfy the needs and aspirations
Of east and west, of sinner and of sage.
But this I know, all flesh shall see his glory,
And he shall reap the harvest he has sown,
And some glad day his sun shall shine in splendour
When he the Saviour, Saviour of the world, is known.**

**I cannot tell how all the lands shall worship,
When, at his bidding, ev'ry storm is stilled,
Or who can say how great the jubilation
When ev'ry heart with perfect love is filled.
But this I know, the skies will thrill with rapture,
And myriad, myriad human voices sing,
And earth to heav'n, and heav'n to earth, will answer:
"At last the Saviour, Saviour of the world is King!"**

[William Young Fullerton

© Words: Public Domain; Music: 1996 Kevin Mayhew Ltd]

Please join us for tea or coffee after the service

Please remember in your prayers this week:

THOSE FOR WHOM OUR PRAYERS HAVE BEEN ASKED:

Ben Bishop, Stan Bishop, Wendy Butt, Brenda Charlton, Tony Charlton
Tony Diggins, Robert Dobbie, Sheila Freeman, Wendy Grantham,
Gemma Hart, Kevin Harwood, John Hunt, Lorna Jackson, Carole Kelly,
Pat Kitto, Pat Kyle, Ray Nation, John Parish, Massimo Pellizzari, Rev
Chris Rogers, Marion Scholar, Annette Scott, Elsie Stone, Christine
Taylor, Claire West, Jeremy Weston, Delia Woodley, Abby, Ben,
Christine, Darren, Eva, Fiona, Peter, Ramin

THE RECENTLY DEPARTED:

Ian Bush, Andrew Watson (Bishop of Guildford), Rev Elizabeth
Greenwood, June Prentice, Irene (Chick) Wilson

THOSE IN OUR MEMORIAL BOOK THIS WEEK:

Constance Harrison, Joy Irene Constance Strange, Ramon George Kitto,
Nellie Fifield, Freddie Francis, Harry Leonard Rouse, Vere Henry John
Dansie, Charles Thomas Franklin, Joyce Ann Patterson, Helen Mary
Davidson, Winifred Catherine Palmer, Stanley Hardy, Joan Mary Ayres,
Trevor James Gray

THOSE PREPARING FOR BAPTISM OR CONFIRMATION:

Elizabeth, Gabriel, Nima, Malachi, Charlotte, Jenny, Teddy, Oliver,
Farhad, Khadijeh, Ben, Adam

**Pray for our ALMA twin Parish, Holy Cross Murrupula,
and for Fr. Domingos and his family**

also for Christians facing persecution in countries such as North
Korea, Somalia, Libya, Eritrea, Yemen, Iran and Nigeria.

for more details see <https://www.opendoorsuk.org/>

Pray for the areas of the world where there is conflict, including:
the Middle East including Gaza, the West Bank, Israel and Iran;
India and Pakistan; Ukraine and Russia; Sudan; Myanmar.

SERVICE TIMES next week

Wednesday 18th March 11.00am

Passion Sunday 22nd March 10am

NOTICES

The deadline for items for the Service Sheet is noon on Thursday.

Send to [**communication@sthilda.org**](mailto:communication@sthilda.org)

Church Spring Cleaning will start after this morning's service. Listen for further notices, and see sheets at back of church for what needs to be done. All volunteers welcome!

Lent Bible Study Groups

Monday at 7.30pm in the Hawley Room in the church hall.

Tuesdays at 7pm in the Vicarage.

The playlist for the accompanying videos is at:

[**https://www.youtube.com/playlist?**](https://www.youtube.com/playlist?list=PLrlg28YebzifrCM4eKNtgG11jV71uRc1G)

[**list=PLrlg28YebzifrCM4eKNtgG11jV71uRc1G**](https://www.youtube.com/playlist?list=PLrlg28YebzifrCM4eKNtgG11jV71uRc1G)

Community Lunch in church - Wednesday at 12 noon

Parish Breakfast – Saturday 14th March at 9.30am

Feed My Sheep- Tuesday 24th March at 2.30pm

In the Small Hall. This will be a 'Pick and mix' session.

PCC Meeting – Tuesday 24th March at 7 for 7.30pm

Confirmation Classes next meetings:

Youth Group (in person) 18th March, 15th April

Senior Group (on-line) 25th March, 22nd April

The Confirmation Service will be on Sunday 17th May 2026

Electoral Roll: If you are not on the Electoral Roll of St. Hilda's and would like to be, please fill in a form available at the back of church and give it to Jane Dobbie by 11th of April.

Pascal Candle: The candle which will be prepared at Easter and used for the rest of the year costs £80. If you would like to sponsor it, or contribute towards its cost, please speak to Frances Forsbrey.

Easter Lilies: if you would like to donate one or more lilies in memory of a loved one to decorate the church for Easter please take and complete a form (available in church) and give it with the money to a Churchwarden.

Garden of Repose

Following on the success of the Garden of Repose which was created in the Lady Chapel last Easter, we would like to do this again this year. If possible we would like to make it even better than last year, but we cannot do it without the help of the St Hilda's family. Donations of spring flowering plants or small planted up pots/ troughs would be wonderful and will be returned to the donor to enjoy in their own garden or replanted in the church grounds after Easter. If you would like to help in any way at all, please speak to Pauline Milton.

Parish Administrator

There are a lot of administrative jobs to be done for St. Hilda's, but we currently cannot afford to employ someone to do them so the Churchwardens, Vicar and PCC are picking them up. There are copies of the job description at the back of church. Please consider whether you can spare a bit of time each week to do part of the job.

Contact Information

Vicar

Fr. Julius Anozie

vicar@sthilda.org

+447359 876498

Lay Minister

Rosalyn Young

rosalyn@sthilda.org

Churchwardens

Alison Garner

Stuart Young

Email: warden@sthilda.org

PCC Secretary

Tyler Pannone

Email: secretary@sthilda.org

PCC Treasurer

Khadijeh

treasurer@sthilda.org

Parish Safeguarding Officer

Nick Gething

safeguarding@sthilda.org

Church Hall Bookings

Chris Davenport

01784 252170

The Parish Office:

St Hilda's Church, Stanwell Road, Ashford, Middlesex TW15 3QL

Telephone: 01784 253525 Email: office@sthilda.org

Office hours are: Monday by appointment only

Tue: 9am-6pm, Wed: 12 noon-4:00pm, Thur: 9am-6pm

Notices etc. Email: communcation@sthilda.org

Website: www.sthilda.org

Charity Number: 1134119

CCLI: 708985

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