

# ST HILDA'S ASHFORD



## THE SEVENTH SUNDAY AFTER TRINITY

10am 14 JULY 2024

<https://www.facebook.com/StHildaAshford/>

*Welcome to St Hilda's. We are delighted that you are able to share in our morning worship today,*

*If you are new to the church please do take time to introduce yourself to the people at the back of the church and to the ministry team at the end of the service. We would be delighted to meet you.*

*If you are able please join us for tea or coffee after the service so we can get to know one another.*

*Should you need any help during the service please do not hesitate to ask those around you and we are sure they will be able to support you.*

*There is a children's corner in the north aisle which children are very welcome to use, and there activity sheets are available to occupy them.*

## **Praying for peace in Israel and Gaza**

*Bishop Sarah encourages us to join in with Archbishop Hosam Naoum of Jerusalem, who has offered the following prayer:*

O God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land.

Be with those who need you in these days of suffering; we pray for people of all faiths – Jews, Muslims and Christians and for all people of the land.

While we pray to you, O Lord, for an end to violence and the establishment of peace, we also call for you to bring justice and equity to the peoples. Guide us into your kingdom where all people are treated with dignity and honour as your children – for to all of us you are our Heavenly Father.

In Jesus' name we pray. Amen

# **THE GATHERING**

## **Introit Hymn**

**Alleluia, alleluia!**

**Hearts to heaven and voices raise;  
Sing to God a hymn of gladness,  
Sing to God a hymn of praise;  
He, who on the Cross a victim  
For the world's salvation bled,  
Jesus Christ, the King of glory,  
Now is risen from the dead.**

**Christ is risen, Christ the first fruits  
Of the holy harvest field,  
Which will all its full abundance  
At his second coming yield;  
Then the golden ears of harvest  
Will their heads before him wave,  
Ripened by his glorious sunshine  
From the furrows of the grave.**

**Christ is risen, we are risen!  
Shed upon us heavenly grace,  
Rain, and dew, and gleams of glory  
From the brightness of thy face;  
That we, Lord, with hearts in heaven,  
Here on earth may fruitful be,  
And by angel hands be gathered,  
And be ever safe with thee.**

**Alleluia, alleluia!**

**Glory be to God on high;  
To the Father, and the Saviour  
Who has gained the victory;**

**Glory to the Holy Spirit,  
Fount of love and sanctity:  
Alleluia, alleluia!  
To the Triune Majesty.**

*[Christopher Wordsworth]*

## **The Greeting**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**All Amen**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you

**All and also with you.**

*Words of welcome are said. We pray with Junior Church.*

## **Prayer of Preparation**

**All Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## Prayers of Penitence

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins  
and to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all

**All** **Almighty God, our heavenly Father,**  
**we have sinned against you**  
**and against our neighbour**  
**in thought and word and deed,**  
**through negligence, through weakness,**  
**through our own deliberate fault.**

**We are truly sorry and repent of all our sins.**  
**For the sake of your Son Jesus Christ,**  
**who died for us, forgive us all that is past**  
**and grant that we may serve you in newness of life**  
**to the glory of your name.**

**Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen**

## **Gloria in Excelsis**

**Glory to God in the highest,  
All and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## **The Collect** - *The Collect for the Week is said after a moment of silence*

**Generous God,  
you give us gifts and make them grow:  
though our faith is small as mustard seed,  
make it grow to your glory  
and the flourishing of your kingdom;  
through Jesus Christ our Lord.**

**All Amen.**

## THE LITURGY OF THE WORD

### First Reading – 2 Samuel 6 vv 1 - 5, 12b - 19

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt-offerings and offerings of well-being before the Lord. When David had finished offering the burnt-offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

*At the end the reader may say*

This is the word of the Lord.

**All Thanks be to God.**

### **New Testament Reading** – Ephesians 1 vv 3 - 14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

*At the end the reader may say*

This is the word of the Lord.

**All Thanks be to God.**



## **Gospel Reading – Mark 6 vv 14 - 29**

Hear the Gospel of our Lord Jesus Christ according to Mark.

**All** **Glory to you, O Lord.**

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the

girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

## **The Sermon – *All sit***

## **The Creed**

Let us declare our faith in God, Father, Son and Holy Spirit.

**All I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.**

## Prayers of Intercession

*The prayers end with the following:*

Merciful Father,

**All accept these prayers  
for the sake of your Son  
our Saviour Jesus Christ.  
Amen.**

## THE LITURGY OF THE SACRAMENT

**The Peace** – *All stand*

We are the body of Christ.

In the one Spirit we were all baptized into one body.

Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you

**All and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

## Offertory Hymn

*During this hymn a collection will be taken*

**From heaven you came, helpless babe,**

**Entered our world, your glory veiled:**

**Not to be served but to serve,**

**And give your life that we might live.**

*This is our God, the Servant King,*

*He calls us now to follow him,*

*To bring our lives as a daily offering*

*Of worship to the Servant King.*

There in the garden of tears,  
My heavy load he chose to bear;  
His heart with sorrow was torn.  
"Yet not my will but yours", he said.

*Refrain*

Come, see his hands and his feet,  
The scars that speak of sacrifice,  
Hands that flung stars into space,  
To cruel nails surrendered.

*Refrain*

So let us learn how to serve,  
And in our lives enthrone him;  
Each other's needs to prefer,  
For it is Christ we're serving.

*This is our God, the Servant King,  
He calls us now to follow him,  
To bring our lives as a daily offering  
Of worship to the Servant King.*

*[Graham Kendrick © 1983 Thankyou Music]*

*The table is prepared, and bread and wine are placed upon it.*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All** All things come from you,  
and of your own do we give you.

## Eucharistic Prayer

The Lord be with you

**All and also with you**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, you made the world and love your creation.

You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and singing:

**Holy, holy, holy Lord,**

**All God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

We praise and bless you, loving Father,

through Jesus Christ, our Lord;

and as we obey his command,

send your Holy Spirit,

that broken bread and wine outpoured

may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.

He broke the bread, gave it to them and said:

*Take, eat; this is my body which is given for you;  
do this in remembrance of me.*

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
*Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.*

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Praise to you, Lord Jesus:

**All Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with Hilda and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**Amen.**

## **The Lord's Prayer**

As our Saviour taught us, so we pray:

**All** Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever.  
Amen.

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**All** Though we are many, we are one body,  
because we all share in one bread.

## Agnus Dei

Lamb of God,  
*All* you take away the sin of the world,  
have mercy on us.

Lamb of God,  
you take away the sin of the world,  
have mercy on us.

Lamb of God,  
you take away the sin of the world,  
grant us peace.

## Giving of Communion

*The president says the invitation to communion*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

*All* **Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The president and people receive communion.*

## Communion Hymns

Take up thy cross, the Saviour said  
If thou wouldst my disciple be;  
Deny thyself, the world forsake,  
And humbly follow after me.

Take up thy cross, let not its weight  
Fill thy weak spirit with alarm;  
His strength shall bear thy spirit up  
And brace thy heart and nerve thine arm.



Take up thy cross, nor heed the shame,  
Nor let thy foolish pride rebel;  
The Lord for thee the Cross endured  
To save thy soul from death and hell.

Take up thy cross then in his strength,  
And calmly every danger brave;  
'Twill guide thee to a better home,  
And lead to victory o'er the grave.

Take up thy cross, and follow Christ,  
Nor think till death to lay it down;  
For only he who bears the cross  
May hope to wear the glorious crown.

To thee, great Lord, the One in Three  
All praise forevermore ascend;  
O grant us in our home to see  
The heavenly life that knows no end. Amen

*[Charles Everest]*

Soul of my Saviour, sanctify my breast,  
Body of Christ, be thou my saving guest,  
Blood of my Saviour, bathe me in thy tide,  
Wash me with water flowing from thy side.

Strength and protection may thy passion be,  
O blessed Jesu, hear and answer me;  
Deep in thy wounds, Lord, hide and shelter me,  
So shall I never, never part from thee.

Guard and defend me from the foe malign,  
In death's dread moments make me only thine;  
Call me, and bid me come to thee on high  
When I may praise thee with thy saints for ay.

*[Attributed to Pope John XXII tr. Anon]*

King of glory, King of peace,  
I will love thee;  
And that love may never cease,  
I will move thee.  
Thou hast granted my request,  
Thou hast heard me;  
Thou didst note my working breast,  
Thou hast spared me.

Wherefore with my utmost art  
I will sing thee,  
And the cream of all my heart  
I will bring thee.  
Though my sins against me cried,  
Thou didst clear me;  
And alone, when they replied,  
Thou didst hear me.

Seven whole days, not one in seven,  
I will praise thee;  
In my heart, though not in heaven,  
I can raise thee.  
Small it is, in this poor sort  
To enrol thee:  
E'en eternity's too short  
To extol thee.

[George Herbert]

## **Prayers after Communion**

*Silence is kept after which the post-Communion prayer is said.*

Lord God, whose Son is the true vine and the source of life,  
ever giving himself that the world may live:

may we so receive within ourselves  
the power of his death and passion  
that, in his saving cup,  
we may share his glory and be made perfect in his love;  
for he is alive and reigns, now and for ever.

**All Amen.**

**All Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.**

<p><b>Notices</b> - see pages 22-23</p>
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## **THE DISMISSAL**

### **Blessing**

The peace of God, which passes all understanding,  
keep your hearts and minds in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All Amen.**

Go in peace to love and serve the Lord.

**All In the name of Christ. Amen.**

## Recessional Hymn

At the name of Jesus, every knee shall bow,  
Every tongue confess him King of glory now;  
'Tis the Father's pleasure we should call him Lord,  
Who from the beginning was the mighty Word.

At his voice creation sprang at once to sight,  
All the angel faces, all the hosts of light,  
Thrones and dominations, stars upon their way,  
All the heavenly orders, in their great array.

Humbled for a season, to receive a name  
From the lips of sinners unto whom he came,  
Faithfully he bore it, spotless to the last,  
Brought it back victorious when from death he passed.

Bore it up triumphant with its human light,  
Through all ranks of creatures, to the central height,  
To the throne of Godhead, to the Father's breast;  
Filled it with the glory of that perfect rest.

In your hearts enthrone him; there let him subdue  
All that is not holy, all that is not true;  
He is God the Saviour, he is Christ the Lord,  
Ever to be worshipped, trusted and adored.

Brothers, this Lord Jesus shall return again,  
With the Father's glory, with his angel train;  
For all wreaths of empire meet upon his brow,  
And our hearts confess him King of glory now.

*[Caroline Noel]*

## SERVICE TIMES

Wednesday 17<sup>th</sup> July 11am

Sunday 21<sup>st</sup> July 10.00am

(Junior Church start their Summer break)

The Sunday service is livestreamed and can be viewed later our Facebook page

### Please remember in your prayers this week:

#### THOSE FOR WHOM OUR PRAYERS HAVE BEEN ASKED:

Michael Brown	Lena Richardson	Ben
Ros Clifton	Esperado (son of Fr. Domingos)	David
John Hunt	King Charles	Fiona
Pat Kyle	Catherine, Princess of Wales	the Champion family
Ray Nation		

*If you would like a name added to or removed from the prayer list, please contact the Parish Office. If you know of someone ill or in hospital in need of prayer and support please tell our LLM Rosalyn Young (contact details on back cover).*

#### THE RECENTLY DEPARTED

Elvina Jones      Val Banks      Kelly Reynolds      Debora

#### THOSE IN OUR MEMORIAL BOOK THIS WEEK

John Alfred Woodard	Joseph Spence	Arthur Oldfield
Arthur F Escott	Arthur William Beaver	Eileen Williamson
George William Hale	Marion Josephine Muggerridge	Jock North
Melanie Shoulder	Christopher John Du Bock	Laura Gladys Banks
Jenny Granger		

**Please pray for our ALMA twin Parish, Holy Cross Murrupula**  
and for Christians facing persecution in countries such as North Korea,  
Somalia, Libya, Eritrea and Yemen.

for more details see <https://www.opendoorsuk.org/>

## NOTICES

*The deadline for items for the Service Sheet is noon on Thursday.*

### **\*\*\* Junior Church \*\*\***

We are hoping to recruit one or two adult (over18) leaders to join the Junior Church rota from September 2024 . If you are interested please speak to a member of the team for more information.

Christine Taylor, Elizabeth Bate, Rosalyn Young

### **Community Lunch - Wednesday at 12 noon**

Join us in church for the Community Lunch at midday

If you are able to come forward and help, even once a month, please do liaise with Bobbie.

### **Bible Study Group: Wednesday at 7.45pm**

We meet in Church on most Wednesday evenings. We are continuing our study on *The Kingdom*, mainly from Matthew's Gospel.

You are very welcome to join us.

### **Feed My Sheep - Tuesday 23rd July at 2.30pm**

Do come and join us .We meet on the 4th Tuesday, from 2.30pm – 4pm in Church with tea, coffee and cake, to explore topics on Christian themes. A donation of a £1 is welcomed to cover the cost of the refreshments.

23rd July Celtic Spirituality

### **Ambling through Acts course – Thursday 1st August at 7.30pm**

(7:30pm on the first Thursday of each month)

Everyone is very welcome to attend. There will be refreshments at the end. We finish by saying Compline (Night Prayer) together round about 9pm. I hope to see you there. Please bring a bible – ideally the NRSV, but any version will do.

### **NEEDED - Help with Church Cleaning**

The Cleaning Team try to vacuum and dust the church and polish the brass every week. However there are so few of us on the team that if one is away or sick, their job does not get done.

If you don't want to see biscuit- or bread-crumbs on the floor when you come to a service please consider whether you can help at least occasionally with the vacuuming. If so, speak to Chris Holliday or Rosemary Greenwood.

### **The Cuckmere Pilgrim Path - Saturday 31st August?**

A small group of us hope to walk this 12 mile circular route around seven ancient churches in East Sussex. The date is provisional, and may be changed if the weather forecast is bad. Other walkers would be welcome, but must be prepared for a 600ft hill, nettles and mud!

If you are interested in joining us contact Rosemary Greenwood.

### **St Hilda's Newsletter**

The latest issue of the Newsletter is available via the St. Hilda's web site (under "About Us"). Please leave the printed copies for people without internet access and for visitors.

The newsletter is now produced every two months, and unless more people provide material the Newsletter will end.

The deadline for items for the October/November issue is **Sunday 1st September**. Please send your contributions to: [editor@sthilda.org](mailto:editor@sthilda.org)

**The Parish Office** is available by phone or email.

Any appointments in person must be booked.

Our parish administrator is Laura Goodman. Her office hours are:

Monday:	3.30-5pm
Wednesday:	3.30-6.30pm
Thursday	6.30-9.30pm
Saturday:	9.45-11.15am

# Contact Information

## Vicar

*Vacant*

## Licensed Lay Minister

Rosalyn Young [rosalyn@sthilda.org](mailto:rosalyn@sthilda.org)

## Churchwardens

Paula Gething

Stuart Young

## PCC Secretary

Liz Brian

Email: [secretary@sthilda.org](mailto:secretary@sthilda.org)

## PCC Treasurer

Khadijeh

[treasurer@sthilda.org](mailto:treasurer@sthilda.org)

## Church Hall Bookings

Chris Davenport

01784 252170

## The Parish Office:

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CCLI: 708985

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