

# ST HILDA'S ASHFORD



## TWELFTH SUNDAY AFTER TRINITY

10am 18 AUGUST 2024

<https://www.facebook.com/StHildaAshford/>

*Welcome to St Hilda's. We are delighted that you are able to share in our morning worship today,*

*If you are new to the church please do take time to introduce yourself to the people at the back of the church and to the ministry team at the end of the service. We would be delighted to meet you.*

*If you are able please join us for tea or coffee after the service so we can get to know one another.*

*Should you need any help during the service please do not hesitate to ask those around you and we are sure they will be able to support you.*

*There is a children's corner in the north aisle which children are very welcome to use, and there activity sheets are available to occupy them.*

# **THE GATHERING**

## **Introit Hymn**

**Awake, my soul, and with the sun  
Thy daily stage of duty run;  
Shake off dull sloth, and joyful rise  
To pay thy morning sacrifice.**

**Redeem thy mis-spent time that's past,  
Live this day as if 'twere thy last:  
Improve thy talent with due care;  
For the great day thyself prepare.**

**Let all thy converse be sincere,  
Thy conscience as the noon-day clear;  
Think how all-seeing God thy ways  
And all thy secret thoughts surveys.**

**Awake, awake, ye heavenly choir,  
May your devotion me inspire,  
That I like you my age may spend,  
Like you may on my God attend.**

**Praise God from whom all blessings flow,  
Praise him all creatures here below,  
Praise him above, ye heavenly host,  
Praise Father, Son, and Holy Ghost.**

*[Thomas Ken]*

## **The Greeting**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**All Amen**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you

**All and also with you.**

*Words of welcome are said. (Junior Church are on their summer break.)*

## **Prayer of Preparation**

**All Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

## Prayers of Penitence

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins  
and to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**All** **Almighty God, our heavenly Father,**  
**we have sinned against you**  
**and against our neighbour**  
**in thought and word and deed,**  
**through negligence, through weakness,**  
**through our own deliberate fault.**

**We are truly sorry**  
**and repent of all our sins.**  
**For the sake of your Son Jesus Christ,**  
**who died for us, forgive us all that is past**  
**and grant that we may serve you in newness of life**  
**to the glory of your name.**  
**Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen**

## **Gloria in Excelsis**

*We say:*

**All** Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

**The Collect** - *The Collect for the Week is said after a moment of silence*

God of constant mercy,  
who sent your Son to save us:  
remind us of your goodness,  
increase your grace within us,  
that our thankfulness may grow,  
through Jesus Christ our Lord.

**All** Amen.

## THE LITURGY OF THE WORD

**First Reading** – 1 Kings ch2 vv 10 – 12; ch 3 v 3 – 14

Then David slept with his ancestors, and was buried in the city of David. The time that David reigned over Israel was forty years; he reigned for seven years in Hebron, and thirty-three years in Jerusalem. So Solomon sat on the throne of his father David; and his kingdom was firmly established.

Solomon loved the Lord, walking in the statutes of his father David; only, he sacrificed and offered incense at the high places. The king went to Gibeon to sacrifice there, for that was the principal high place; Solomon used to offer a thousand burnt-offerings on that altar. At Gibeon the Lord appeared to Solomon in a dream by night; and God said, 'Ask what I should give you.' And Solomon said, 'You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart towards you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?'

It pleased the Lord that Solomon had asked this. God said to him, 'Because you have asked this, and have not asked for yourself long life or riches, or for the life of your

enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you. I give you also what you have not asked, both riches and honour all your life; no other king shall compare with you. If you will walk in my ways, keeping my statutes and my commandments, as your father David walked, then I will lengthen your life.'

*At the end the reader may say*

This is the word of the Lord.

**All Thanks be to God.**

### **New Testament Reading** – Ephesians 5 vv 15 - 20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

*At the end the reader may say*

This is the word of the Lord.

**All Thanks be to God.**



## **Gospel Reading – John 6 vv 51 - 58**

Hear the Gospel of our Lord Jesus Christ according to John.

**All**    **Glory to you, O Lord.**

I am the living bread that came down from heaven.  
Whoever eats of this bread will live for ever; and the bread  
that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How  
can this man give us his flesh to eat?' So Jesus said to them,  
'Very truly, I tell you, unless you eat the flesh of the Son of  
Man and drink his blood, you have no life in you. Those who  
eat my flesh and drink my blood have eternal life, and I will  
raise them up on the last day; for my flesh is true food and  
my blood is true drink. Those who eat my flesh and drink  
my blood abide in me, and I in them. Just as the living  
Father sent me, and I live because of the Father, so  
whoever eats me will live because of me. This is the bread  
that came down from heaven, not like that which your  
ancestors ate, and they died. But the one who eats this  
bread will live for ever.'

This is the Gospel of the Lord.

**All**    **Praise to you, O Christ.**

**The Sermon – All sit**

## **The Creed**

Let us declare our faith in God, Father, Son and Holy Spirit.

**All** I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.

## **Prayers of Intercession**

*The prayers end with the following:*

Merciful Father,  
**All** accept these prayers  
for the sake of your Son  
our Saviour Jesus Christ.  
Amen.

## THE LITURGY OF THE SACRAMENT

### **The Peace** – *All stand*

We are the body of Christ.  
In the one Spirit we were all baptized into one body.  
Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you

**All and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

### **Offertory Hymn**

*During this hymn a collection will be taken*

**Guide me, O thou great Redeemer,  
Pilgrim through this barren land;  
I am weak, but thou art mighty,  
Hold me with thy powerful hand:  
Bread of heaven,  
Feed me till I want no more.**

**Open now the crystal fountain  
Whence the healing stream doth flow;  
Let the fire and cloudy pillar  
Lead me all my journey though:  
Strong deliverer,  
Be thou still my strength and shield.**

When I tread the verge of Jordan,  
Bid my anxious fears subside;  
Death of death, and hell's Destruction  
Land me safe on Canaan's side:  
Songs of praises  
I will ever give to thee.

*[William Williams tr. Peter Williams]*

*The table is prepared, and bread and wine are placed upon it.*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All All things come from you,  
and of your own do we give you.**

## **Eucharistic Prayer**

The Lord be with you

**All and also with you**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and saying:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
*Take, eat; this is my body which is given for you;  
do this in remembrance of me.*

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
*Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.*

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Praise to you, Lord Jesus:

**All Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with Hilda and all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**Amen.**

## **The Lord's Prayer**

Let us pray with confidence as our Saviour has taught us:

**All Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**All** Though we are many, we are one body,  
because we all share in one bread.

## **Agnus Dei**

*We say:*

**All** Lamb of God,  
you take away the sin of the world,  
have mercy on us.

Lamb of God,  
you take away the sin of the world,  
have mercy on us.

Lamb of God,  
you take away the sin of the world,  
grant us peace.

## **Giving of Communion**

*The president says the invitation to communion*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**All** Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.

*The president and people receive communion.*

## Communion Hymns

O thou, who at thy Eucharist didst pray  
That all thy Church might be for ever one,  
Grant us at every Eucharist to say  
With longing heart and soul, "Thy will be done."  
Oh, may we all one Bread, one Body be,  
One through this Sacrament of unity.

For all thy Church, O Lord, we intercede;  
Make thou our sad divisions soon to cease;  
Draw us the nearer each to each, we plead,  
By drawing all to thee, O Prince of Peace:  
Thus may we all one Bread, one Body be,  
One through this Sacrament of unity.

We pray thee too for wanderers from thy fold;  
O bring them back, good Shepherd of the sheep,  
Back to the faith which saints believed of old,  
Back to the Church which still that faith doth keep:  
Soon may we all one Bread, one Body be,  
One through this Sacrament of unity.

So, Lord, at length when sacraments shall cease,  
May we be one with all thy Church above,  
One with thy saints in one unbroken peace,  
One with thy saints in one unbounded love;  
More blessèd still, in peace and love to be  
One with the Trinity in Unity.

*[William Turton]*



Sweet sacrament divine,  
Hid in thine earthly home,  
Lo, round thy lowly shrine,  
With suppliant hearts we come;  
Jesu, to thee our voice we raise,  
In songs of love and heartfelt praise:  
Sweet sacrament divine,  
Sweet sacrament divine.

Sweet sacrament of peace,  
Dear home for every heart,  
Where restless yearnings cease  
And sorrows all depart;  
There in thine ear all trustfully  
We tell our tale of misery:  
Sweet sacrament of peace,  
Sweet sacrament of peace.

Sweet sacrament of rest,  
Ark from the ocean's roar,  
Within thy shelter blest  
Soon may we reach the shore;  
Save us, for still the tempest raves,  
Save, lest we sink beneath the waves,  
Sweet sacrament of rest:  
Sweet sacrament of rest.

Sweet sacrament divine,  
Earth's light and jubilee,  
In thy far depths doth shine  
The Godhead's majesty;  
Sweet light, so shine on us, we pray,  
That earthly joys may fade away,  
Sweet sacrament divine,  
Sweet sacrament divine.

*[Francis Stanfield]*

Teach me, my God and King,  
In all things thee to see,  
And what I do in anything  
To do it as for thee!

A man that looks on glass,  
On it may stay his eye;  
Or if he pleaseth, through it pass,  
And then the heaven espy.

All may of thee partake;  
Nothing can be so mean,  
Which with this tincture, 'for thy sake',  
Will not grow bright and clean.

A servant with this clause  
Makes drudgery divine;  
Who sweeps a room, as for thy laws,  
Makes that and the action fine.

This is the famous stone  
That turneth all to gold;  
For that which God doth touch and own  
Cannot for less be told.

*[George Herbert]*

## **Prayers after Communion**

*Silence is kept after which the post-Communion prayer is said.*

God of all mercy,  
in this eucharist you have set aside our sins  
and given us your healing:  
grant that we who are made whole in Christ  
may bring that healing to this broken world,  
in the name of Jesus Christ our Lord.

**All Amen.**

**All** Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory.  
Amen.

**Notices** - see pages 24 - 26

## **THE DISMISSAL**

### **Blessing**

The peace of God, which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**All** Amen.

Go in peace to love and serve the Lord.

**All** In the name of Christ. Amen.

## Recessional Hymn

Angel voices ever singing  
Round thy throne of light,  
Angel harps, forever ringing,  
Rest not day or night;  
Thousands only live to bless thee,  
And confess thee  
Lord of might.

Thou who art beyond the farthest  
Mortal eye can scan,  
Can it be that thou regardest  
Songs of sinful man?  
Can we feel that thou art near us  
And wilt hear us?  
Yea, we can.

For we know that thou rejoicest  
O'er each work of thine;  
Thou didst ears and hands and voices  
For thy praise design;  
Craftsman's art and music's measure  
For thy pleasure  
All combine.

In thy house, great God, we offer  
Of thine own to thee;  
And for thine acceptance proffer  
All unworthily  
Hearts and minds and hands and voices  
In our choicest  
Psalmody.

**Honour, glory, might and merit,  
Thine shall ever be,  
Father, Son, and Holy Spirit,  
Blessed Trinity;  
Of the best which thou hast given  
Earth and Heaven  
Render thee.**

*[Francis Pott]*

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## SERVICE TIMES

Wednesday 21<sup>st</sup> August 11am

Sunday 25<sup>th</sup> August 10.00am

The Sunday service is livestreamed and can be viewed later our Facebook page

[https://www.facebook.com/StHildaAshford/live\\_videos](https://www.facebook.com/StHildaAshford/live_videos)

or see: <https://www.youtube.com/@sthildachurch8263>

**Please remember in your prayers this week:**

### **THOSE FOR WHOM OUR PRAYERS HAVE BEEN ASKED:**

Michael Brown	Ray Nation	Fiona
Ros Clifton	Lena Richardson	Esperado (son of Fr. Domingos)
Gemma Hart	Martine Simpson	King Charles
John Hunt	Ben	Catherine, Princess of Wales
Pat Kyle	David	

*If you would like a name added to or removed from the prayer list, please contact the Parish Office. If you know of someone ill or in hospital in need of prayer and support please tell our LLM Rosalyn Young (contact details on back cover).*

### **THE RECENTLY DEPARTED**

Josephine Taylor	Wendy	Gary Philbrick	Mary
Elvina Jones			

### **THOSE IN OUR MEMORIAL BOOK THIS WEEK**

Margaret Smith	Phyllis Irene Crick	Rueben Webb
Derek Charles Muggeridge	Eric Brown	Alice Louise Searle

**Please pray for our ALMA twin Parish, Holy Cross Murrupula**  
and for Christians facing persecution in countries such as North Korea,  
Somalia, Libya, Eritrea and Yemen.

for more details see <https://www.opendoorsuk.org/>

## **Praying for peace in Israel and Gaza**

*Bishop Sarah encourages us to join in with Archbishop Hosam Naoum of Jerusalem, who has offered the following prayer:*

O God of all justice and peace, we cry out to you in the midst of the pain and trauma of violence and fear which prevails in the Holy Land.

Be with those who need you in these days of suffering; we pray for people of all faiths – Jews, Muslims and Christians and for all people of the land.

While we pray to you, O Lord, for an end to violence and the establishment of peace, we also call for you to bring justice and equity to the peoples. Guide us into your kingdom where all people are treated with dignity and honour as your children – for to all of us you are our Heavenly Father.

In Jesus' name we pray. Amen

# NOTICES

*The deadline for items for the Service Sheet is noon on Thursday.*

## **Junior Church**

We are hoping to recruit one or two adult (over18) leaders to join the Junior Church rota from September 2024 . If you are interested please speak to a member of the team for more information.

Christine Taylor, Elizabeth Bate, Rosalyn Young

*Junior Church will resume on 1st September with Messy Church and Blessing school bags.*

## **No Community Lunch this month**

Because so many people will be away we will not be having the lunches during August.

They will resume on Wednesday 4th September.

## **Bible Study Group: Wednesday at 7.45pm**

We meet in Church on most Wednesday evenings. At the moment we are looking at the writings of the prophet Hosea.

You are very welcome to join us.

## **Ambling through Acts course – Thursday 29th August at 7.30pm**

(Usually 7:30pm on the first Thursday of each month - note that the next session has been moved forward a week.)

Everyone is very welcome to attend. There will be refreshments at the end. We finish by saying Compline (Night Prayer) together round about 9pm. I hope to see you there. Please bring a bible – ideally the NRSV, but any version will do.

## **The Cuckmere Pilgrim Path - Saturday 31st August?**

A small group of us hope to walk this 12 mile circular route around seven ancient churches in East Sussex. The date is provisional, and may be changed if the weather forecast is bad. Other walkers would be welcome, but must be prepared for a 600ft hill, nettles and mud! If you are interested in joining us contact Rosemary Greenwood.



### **St Hilda's Newsletter**

The latest issue of the Newsletter is available via the St. Hilda's web site (under "About Us"). Please leave the printed copies for people without internet access and for visitors.

The newsletter is now produced every two months, and unless more people provide material the Newsletter will end.

The deadline for items for the October/November issue is **Sunday 1st September**. Please send your contributions to: [editor@sthilda.org](mailto:editor@sthilda.org)

### **Mothers' Union Lunch: Tuesday 10th September at 12 noon**

### **PCC Meeting: Tuesday 10th September at 7.15pm for 7.30**

### **St. Hilda's Breakfast - Saturday 14th September at 9:30am**

Do come along and enjoy good food and fellowship.

Nearer the time there will be a list at the back of church: if you intend to come please sign it so we know how many to cater for.

Suggested donation £5, payable on the day.

### **Food Bank Donations**

Donations for the Food Bank at the Salvation Army may be placed in the wooden chest next to the book stand at the back of church. They are currently asking for:

Toilet rolls

Toiletries - shampoo, shower gel, deodorant etc.

Long life milk

Biscuits

Tinned meat

Pasta

Microwaveable rice

Other items are welcome.

**The Parish Office** is available by phone or email.

Any appointments in person must be booked.

Our parish administrator is Laura Goodman. Her office hours are:

Monday: 3.30-5pm

Wednesday: 3.30-6.30pm

Thursday 6.30-9.30pm

Saturday: 9.45-11.15am



# Contact Information

## Vicar

*Vacant*

## Licensed Lay Minister

Rosalyn Young [rosalyn@sthilda.org](mailto:rosalyn@sthilda.org)

## Churchwardens

Paula Gething

Stuart Young

## PCC Secretary

Liz Brian

Email: [secretary@sthilda.org](mailto:secretary@sthilda.org)

## PCC Treasurer

Khadijeh

[treasurer@sthilda.org](mailto:treasurer@sthilda.org)

## Church Hall Bookings

Chris Davenport

01784 252170

## The Parish Office:

St Hilda's Church, Stanwell Road, Ashford, Middlesex  
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