

# ST HILDA'S ASHFORD



## THE FIRST SUNDAY AFTER TRINITY

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FACEBOOK PAGE

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# THE GATHERING

## Introit Hymn

In Christ there is no East or West,  
In him no South or North;  
But one great fellowship of love  
Throughout the whole wide earth.

In him shall true hearts everywhere  
Their high communion find;  
His service is the golden cord,  
Close binding humankind.

Join hands, then, brothers of the faith,  
Whatever your race may be;  
Who serves my Father as a son  
Is surely kin to me.

In Christ now meet both East and West,  
In him meet South and North;  
All Christlike souls are one in him,  
Throughout the whole wide earth.

*[John Oxenham]*

## The Greeting

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

*All* Amen

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

**All and also with you.**

*Words of welcome or introduction are said.*

*The Junior Church introduce their session.*

**Prayer of Preparation – Sit or kneel**

**All Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

**Prayers of Penitence**

God so loved the world  
that he gave his only Son Jesus Christ  
to save from our sins  
and to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all

**All Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.  
Amen.

## **Gloria in Excelsis**

**All Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

**The Collect** - *The Collect for the Week is said after a moment of silence*

God of truth,  
help us to keep your law of love  
and to walk in ways of wisdom,  
that we may find true life  
in Jesus Christ your Son.  
**Amen.**

## **THE LITURGY OF THE WORD**

**First Reading** – 1 Kings 19 v 1 – 15a

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, 'So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow.' Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

He said, 'Go out and stand on the mountain before the LORD, for the LORD is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets

with the sword. I alone am left, and they are seeking my life, to take it away.' Then the LORD said to him, 'Go, return on your way to the wilderness of Damascus.

*At the end the reader may say*

This is the word of the Lord.

**All Thanks be to God.**

### **Second Reading – Galatians 3 v 23 – end**

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

*At the end the reader may say*

This is the word of the Lord.

**All Thanks be to God.**

### **Gospel Reading – John 6 v 51 - 58**

Alleluia, alleluia.

I am the way, the truth, and the life, says the Lord.

No one comes to the Father except through me.

**All Alleluia.**

Hear the Gospel of our Lord Jesus Christ according to *John*.

**All Glory to you, O Lord.**

I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

This is the Gospel of the Lord.

**All Praise to you, O Christ.**

## **The Sermon**

### **Profession of Faith**

Let us affirm our common faith.

Do you believe and trust in God the Father,  
source of all being and life,  
the one for whom we exist?

**All I believe and trust in him.**

Do you believe and trust in God the Son,  
who took our human nature,  
died for us and rose again?

**All I believe and trust in him.**

Do you believe and trust in God the Holy Spirit,  
who gives life to the people of God  
and makes Christ known in the world?

**All I believe and trust in him.**

This is the faith of the Church.

**All This is our faith.**

**We believe and trust in one God,  
Father, Son and Holy Spirit.**

## **Prayers of Intercession**

In the power of the Spirit and in union with Christ,  
let us pray to the Father

*... at the end*

Merciful Father,

**All accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

# THE LITURGY OF THE SACRAMENT

## **The Peace** – *All stand*

We are the body of Christ.  
In the one Spirit we were all baptized into one body.  
Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you  
*All* **and also with you.**  
*All may exchange a sign of peace.*

## **Offertory Hymn**

**Let all mortal flesh keep silence,  
And with fear and trembling stand;  
Ponder nothing earthly-minded,  
For with blessing in his hand,  
Christ our God to earth descendeth,  
Our full homage to demand.**

**King of kings, yet born of Mary,  
As of old on earth he stood,  
Lord of lords, in human vesture,  
In the body and the blood;  
He will give to all the faithful  
His own self for heavenly food.**

**Rank on rank the host of heaven  
Spreads its vanguard on the way,  
As the Light of light descendeth  
From the realms of endless day,  
That the powers of hell may vanish  
As the darkness clears away.**

**At his feet the six-winged seraph,  
Cherubim with sleepless eye,  
Veil their faces to the presence,  
As with ceaseless voice they cry:  
Alleluia, Alleluia,  
Alleluia, Lord Most High!**

*[Liturgy of St. James tr. Gerard Moultrie]*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All All things come from you,  
and of your own do we give you.**

### **Eucharistic Prayer**

The Lord be with you

**All and also with you**

Lift up your hearts.

**All We lift them to the Lord.**

Let us give thanks to the Lord our God.

**All It is right to give thanks and praise.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
holy Father, almighty and eternal God.

From sunrise to sunset this day is holy,  
for Christ has risen from the tomb  
and scattered the darkness of death  
with light that will not fade.

This day the risen Lord walks with your gathered people,  
unfolds for us your word,  
and makes himself known in the breaking of the bread.  
And though the night will overtake this day  
you summon us to live in endless light,  
the never-ceasing sabbath of the Lord.  
And so, with choirs of angels  
and with all the heavenly host,  
we proclaim your glory  
and join their unending song of praise:

**All Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
*Take, eat; this is my body which is given for you;  
do this in remembrance of me.*

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
*Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.*

Great is the mystery of faith:

*All* **Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of Hilda and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. **Amen.**

## **The Lord's Prayer**

As our Saviour taught us, so we pray:

*All* **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

*All* **Though we are many, we are one body,  
because we all share in one bread.**

## **Agnus Dei**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

## **Giving of Communion**

*The president says the invitation to communion*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*The people and president receive communion.*

## **Communion Hymns**

*Broken for me, broken for you,  
the body of Jesus broken for you.*

**He offered his body, he poured out his soul;  
Jesus was broken, that we might be whole.**

**Come to my table and with me dine,  
eat of my bread and drink of my wine.**

**This is my body given for you;  
eat it rememb'ring I died for you.**

**This is my blood I shed for you,  
for your forgiveness, making you new.**

*[Janet Lund © 1978 Sovereign Music UK]*

O thou, who at thy Eucharist didst pray  
That all thy Church might be for ever one,  
Grant us that every Eucharist to say  
With longing heart and soul, "Thy will be done."  
Oh, may we all one Bread, one Body be,  
One through this Sacrament of unity.

For all thy Church, O Lord, we intercede;  
Make thou our sad divisions soon to cease;  
Draw us the nearer each to each, we plead,  
By drawing all to thee, O Prince of Peace:  
Thus may we all one Bread, one Body be,  
One through this Sacrament of unity.

We pray thee too for wanderers from thy fold;  
O bring them back, good Shepherd of the sheep,  
Back to the faith which saints believed of old,  
Back to the Church which still that faith doth keep:  
Soon may we all one Bread, one Body be,  
One through this Sacrament of unity.

So, Lord, at length when sacraments shall cease,  
May we be one with all thy Church above,  
One with thy saints in one unbroken peace,  
One with thy saints in one unbounded love;  
More blessed still, in peace and love to be  
One with the Trinity in Unity.

*[William Turton]*

Faithful Shepherd, feed me  
In the pastures green;  
Faithful Shepherd, lead me  
Where thy steps are seen.

Hold me fast, and guide me  
In the narrow way;  
So, with thee beside me,  
I shall never stray.

Daily bring me nearer  
To the heavenly shore;  
May my faith grow clearer,  
May I love thee more.

Hallow every pleasure,  
Every gift and pain;  
Be thyself my treasure,  
Though none else I gain.

Day by day prepare me  
As thou seest best,  
Then let angels bear me  
To thy promised rest.

*[T B Pollock ]*

## **Prayer after Communion**

Eternal Father,  
we thank you for nourishing us  
with these heavenly gifts:  
may our communion strengthen us in faith,  
build us up in hope,  
and make us grow in love;  
for the sake of Jesus Christ our Lord. **Amen**

*All* **Almighty God,**  
**we thank you for feeding us**  
**with the body and blood of your Son Jesus Christ.**  
**Through him we offer you our souls and bodies**  
**to be a living sacrifice.**  
**Send us out in the power of your Spirit**  
**to live and work**  
**to your praise and glory.**  
**Amen.**

*Notices*

## **THE DISMISSAL**

### **Blessing**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

Go in peace to love and serve the Lord.  
*All* **In the name of Christ. Amen**

*The minister departs.*

## **Recessional Hymn**

**Christ is made the sure foundation,  
And the precious corner-stone,  
Who, the two walls underlying,  
Bound in each, binds both in one,  
Holy Sion's help forever,  
And her confidence alone.**

**All that dedicated city,  
Dearly loved by God on high,  
In exultant jubilation,  
Pours perpetual melody,  
God the One in Threefold glory,  
Singing everlastingly.**

**To this temple, where we call thee,  
Come, O Lord of hosts, today;  
With thy wonted loving-kindness,  
Hear thy people as they pray;  
And thy fullest benediction  
Shed within its walls for ay.**

**Here vouchsafe to all thy servants  
Gifts of grace by prayer to gain;  
Here to have and hold for ever,**

**Those good things their prayers obtain,  
And hereafter, in thy glory,  
With thy blessed ones to reign.**

**Laud and honour to the Father,  
Laud and honour to the Son,  
Laud and honour to the Spirit,  
Ever Three and ever One;  
One in love, and One in splendour,  
While unending ages run.**

*[Latin c 7th Century tr. J. M. Neale]*

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## SERVICE TIMES

Wednesday 21<sup>st</sup> June 11.00am

Sunday 26<sup>th</sup> June 9.30am

The Sunday service is livestreamed and can be viewed later our Facebook page

### **Please remember in your prayers this week:**

#### **THE SICK:**

Lizio Cassar	Elaine Langford	Roy Stone
Alison Griffiths	Keren Lattimore	Barbara Warne
Vicky Hall	Pauline Milton	Peter Wilson
Melvyn Jansen	Ray Nation	Nic
Pat Kyle	Terry Rickson	

*We are in the process of updating the prayer list. If you would like a name to be added, please do contact the parish office.*

#### **THE RECENTLY DEPARTED:**

Jo Wood	Grace Cassar	Prem Menon
Shirley Wetherill	Pamela Davey	

#### **THOSE IN OUR MEMORIAL BOOK THIS WEEK:**

John Wooster	Roy Townend	John Chalmers
Alice Jelf	Alf Dolphin	Heather J Masters
George de Pear	William T Purdon	Anna Campbell

**Please pray for our ALMA twin Parish, Holy Cross Murrupula**

## NOTICES

The Parish Office is available by phone or email  
Visitors by appointment only

### **Church Opening**

St Hilda's is open for public worship services.

*Following the teaching of 'Loving thy Neighbour' - If you feel unwell, we ask that you do not attend so that we can maintain the health and safety of all who attend the services.*

### **Community Breakfast – Saturday 25<sup>th</sup> June at 9.30am**

Do come along and enjoy good food and fellowship. The speaker is Mother Helen Calner. The subject is "What has Sweden given to the world?" There will be a quiz!

Booking via the office or ticket tailor.

### **Feed My Sheep – Tuesday 28<sup>th</sup> June – 2.30 - 4pm**

The theme this month is 'Occupations in the Bible'.

The following months will be:

Tuesday 26 <sup>th</sup> July	The Book of Common Prayer
Tuesday 27 <sup>th</sup> Sept	Hildegard of Bingen/ Gregorian chant
Tuesday 25 <sup>th</sup> Oct	Pick and Mix
Tuesday 22 <sup>nd</sup> Nov	St Hilda

### **Ambling through Acts course – Next meeting Thursday 7<sup>th</sup> July**

**(7:30pm on the first Thursday of each month)**

Led by Fr Steve, a study of the Acts of the Apostles will entail a close reading of the text. We will see the unfolding story of the beginnings of the church through the eyes of the writer, try to discern his purposes, discover new things, and learn that though the context has changed, human nature remains much the same.

Hence, the struggles of those first followers may find resonances in our own day

as we live out our individual lives of discipleship and participate together in the life of the church.

Everyone is very welcome to attend. There will be refreshments at the end. We will finish by saying Compline (Night Prayer) together round about 9pm. I hope to see you there. Please bring a bible – ideally the NRSV, but any version will do.

### **Conscious Inclusion – Saturday 24<sup>th</sup> September – 10am – 12.30pm**

You are cordially invited to attend a session in church, hosted by the PCC, on the subject of “**Conscious Inclusion** - *if we don't consciously include we will unconsciously exclude*”, on Saturday the 24<sup>th</sup> September between 10-12.30.

It will explore why inclusion is important at St Hilda's, followed by reflections on the impact of bias - insiders/outsideers and micro behaviours what this looks like with examples linked to aspects of our identity e.g. age, gender, race etc.

Please confirm your attendance with the parish office.

### **Eco Church Volunteers Needed**

The Church of England is seeking to reach “net zero” carbon by 2030 to meet a target set by the General Synod in 2020 and we at St Hilda's are looking closely at how we can help in moving towards this and become an Eco church. We are planning to set up a small group to investigate how we can improve our eco credentials and encourage us all on the journey. If you would like to be involved please speak to Carolyn.

**We need YOU!**

### **Community Lunch – every Wednesday**

Join us for the Community Lunch at midday. If you are able to come forward and help, even once a month, please do liaise with Bobbie.

### **Bible Study – every Wednesday**

Bible Study group meet in Church at 7.30pm. All welcome.

### **Food Bank Donations**

Please use the wooden chest at the rear of the Church to place any donations for the local food bank, such as tinned and dried goods and toiletries.

### **Paving Slabs needed**

If anyone has any spare slabs that could be used in the Memorial Garden, please see Paula Gething.

### **Pilgrimage to Westminster Abbey – Date TBC**

A parish pilgrimage is being arranged to Westminster Abbey, please sign up on the sheet at the rear of the Church or contact the office. A date will be arranged if we have enough interest.

### **St Hilda's News**

We are still looking for a new editor(s) to take over.

### **Sponsor a church chair**

If you can help towards the cost of the last chairs or trolleys (that have now arrived), please complete the form at the rear of the Church.

- £90 covers the cost of a chair
- £225 covers the cost of a stacking trolley





## Contact Information

### Vicar

Fr Joseph Fernandes

[vicar@sthilda.org](mailto:vicar@sthilda.org)

Vicarage 01784 254237

Parish Office 01784 253525

Mobile 07999 053433

### Licenced Lay Ministers

Carolyn Clark [carolyn@sthilda.org](mailto:carolyn@sthilda.org)

Rosalyn Young [rosalyn@sthilda.org](mailto:rosalyn@sthilda.org)

### Churchwarden

Bobbie Bedford

### PCC Secretary

Mariane Tank

### PCC Treasurer

Christopher Brown

### PA to Fr Joseph

Mariane Tank [pa@sthilda.org](mailto:pa@sthilda.org) Mobile

### Church Hall Bookings

Chris Davenport 01784 252170

### The Parish Office:

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