

St Hilda's Ashford

The Eucharist

The Second Sunday before Lent

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THE GATHERING

Introit Hymn

Come, let us join our cheerful song
With angels round the throne;
Ten thousand thousand are their tongues,
But all their joys are one.

"Worthy the Lamb that died," they cry,
"To be exalted thus!"
"Worthy the Lamb," our lips reply,
"For he was slain for us."

Jesus is worthy to receive
Honour and power divine;
And blessings more than we can give
Be, Lord, for ever thine.

Let all creation join in one
To bless the sacred name
Of him that sits upon the throne,
And to adore the Lamb.

[Isaac Watts]

The Greeting

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All **Amen.**

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you

All **and also with you.**

Words of welcome and introduction are said.

Prayer of Preparation – *Sit or kneel*

**All Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

**All Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life**

to the glory of your name.

Amen.

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

Amen.

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.**

**Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.**

Amen.

The Collect - *The Collect for the Week is said after a moment of silence*

Almighty God,
give us reverence for all creation
and respect for every person,

that we may mirror your likeness
in Jesus Christ our Lord.

All Amen.

First Reading – Genesis 2 v 4b – 9, 15 – end

God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up—for the Lord God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground— then the Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the Lord God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the Lord God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Then the Lord God said, “It is not good that the man should be alone; I will make him a helper as his partner.” So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called every living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he

made into a woman and brought her to the man. Then the man said,

“This at last is bone of my bones
and flesh of my flesh;
this one shall be called Woman,
for out of Man this one was taken.”

Therefore a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

At the end the reader says

This is the word of the Lord.

All **Thanks be to God.**

Second Reading – Revelation 4

After this I looked, and there in heaven a door stood open! And the first voice, which I had heard speaking to me like a trumpet, said, “Come up here, and I will show you what must take place after this.” At once I was in the spirit, and there in heaven stood a throne, with one seated on the throne! And the one seated there looks like jasper and carnelian, and around the throne is a rainbow that looks like an emerald. Around the throne are twenty-four thrones, and seated on the thrones are twenty-four elders, dressed in white robes, with golden crowns on their heads. Coming from the throne are flashes of lightning, and rumblings and peals of thunder, and in front of the throne burn seven flaming torches, which are the seven spirits of God; and in front of the throne there is something like a sea of glass, like crystal.

Around the throne, and on each side of the throne, are four living creatures, full of eyes in front and behind: the first living creature like a lion, the second living creature like an ox, the third living creature with a face like a human face, and the fourth living creature like a flying eagle. And the four living

creatures, each of them with six wings, are full of eyes all around and inside. Day and night without ceasing they sing,

At the end the reader says

This is the word of the Lord.

All Thanks be to God.

Gospel Reading – Luke 8: 22 – 25

Alleluia, alleluia.

I am the light of the world, says the Lord.

Whoever follows me will never walk in darkness
but will have the light of life.

All Alleluia.

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to
Luke.

All Glory to you, O Lord.

One day he got into a boat with his disciples, and he said to them, "Let us go across to the other side of the lake." So they put out, and while they were sailing he fell asleep. A windstorm swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, "Master, Master, we are perishing!" And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, "Where is your faith?" They were afraid and amazed, and said to one another, "Who then is this, that he commands even the winds and the water, and they obey him?"

At the conclusion of the Gospel reading

This is the Gospel of the Lord.

All Praise to you, O Christ.

The Sermon – *we sit*

The Creed – we stand

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God, begotten, not made, of one Being
with the Father;
through him all things were made.
For us and for our salvation he came
down from heaven,
was incarnate from the Holy Spirit and
the Virgin Mary and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father. He will come
again in glory to
judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son, who with the
Father and the Son
is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the
dead, and the life of the world to come. Amen**

Prayers of Intercession – *We sit or kneel*

Let us pray to our incarnate Lord,
who has brought us out of darkness
and into his own marvellous light.

Merciful Father
All **accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

THE LITURGY OF THE SACRAMENT

The Peace – *We stand*

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you
All **and also with you.**
Let us offer one another a sign of peace.

Offertory Hymn

**Eternal Father, strong to save,
Whose arm doth bind the restless wave,
Who bidd'st the mighty ocean deep
Its own appointed limits keep;**

**O hear us when we cry to thee
For those in peril on the sea.**

**O Saviour, whose almighty word
The winds and waves submissive heard,
Who walkedst on the foaming deep,
And calm amid its rage didst sleep:
O hear us when we cry to thee
For those in peril on the sea.**

**O sacred Spirit, who didst brood
Upon the chaos dark and rude,
Who bad'st its angry tumult cease,
And gavest light and life and peace:
O hear us when we cry to thee
For those in peril on the sea.**

**O Trinity of love and power,
Our brethren shield in danger's hour;
From rock and tempest, fire and foe,
Protect them whereso'er they go:
And ever let there rise to thee
Glad hymns of praise from land and sea.**

[William Whiting]

Yours, Lord, is the greatness, the power,
the glory, the splendour, and the majesty;
for everything in heaven and on earth is yours.

All **All things come from you,
and of your own do we give you.**

Eucharistic Prayer

The Lord be with you
All **and also with you.**

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is truly right and just, our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God.
From sunrise to sunset this day is holy,
for Christ has risen from the tomb
and scattered the darkness of death
with light that will not fade.

This day the risen Lord walks with your gathered people,
unfolds for us your word,
and makes himself known in the breaking of the bread.
And though the night will overtake this day
you summon us to live in endless light,
the never-ceasing sabbath of the Lord.

And so, with choirs of angels
and with all the heavenly host,
we proclaim your glory
and join their unending song of praise:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.

He broke the bread, gave it to them and said:

*Take, eat; this is my body which is given for you;
do this in remembrance of me.*

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

*Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.*

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Let us proclaim the mystery of faith:

All Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,

all honour and glory are yours, O loving Father,
for ever and ever.

All **Amen.**

The Lord's Prayer

Believing the promises of God,
and as our Saviour taught us, so we pray:

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break the bread of life,
and that life is the light of the world.

All **Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

Lamb of God,
you take away the sin of the world,
grant us peace.

Giving of Communion

Christ is the true bread which has come down from heaven.
All **Lord, give us this bread always.**

The people and president receive communion.

Communion Hymns

I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
My hand will save.
I who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

*Here I am Lord. Is it I Lord?
I have heard you calling in the night.
I will go Lord, if you lead me.
I will hold your people in my heart.*

I, the Lord of snow and rain,
I have borne my people's pain.
I have wept for love of them.
They turn away.
I will break their hearts of stone,
Give them hearts for love alone.
I will speak my word to them,
Whom shall I send?

Refrain

I, the Lord of wind and flame,

**I will tend the poor and lame.
I will set a feast for them.
My hand will save.
Finest bread I will provide
Till their hearts be satisfied.
I will give my life to them.
Whom shall I send?**

***Here I am Lord. Is it I Lord?
I have heard you calling in the night.
I will go Lord, if you lead me.
I will hold your people in my heart.***

*[Text: Based on Isaiah 6. Text and music: Dan Schutte, © 1981,
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Calm me Lord, as you calmed the storm

*[Margart Rizza; Tune: © 1998, Kevin Mayhew Ltd. Admin.
and sub-published by GIA Publications, Inc.]*

**Be still, my soul: the Lord is on your side;
Bear patiently the cross of grief and pain;
Leave to your God to order and provide;
In ev'ry change he faithful will remain.
Be still, my soul: your best, your heav'nly friend
Through thorny ways leads to a joyful end.**

**Be still, my soul: your God will undertake
To guide the future as he has the past.
Your hope, your confidence let nothing shake,
All now mysterious shall be clear at last.
Be still, my soul: the tempests still obey
His voice, who ruled them once on Galilee.**

**Be still, my soul: the hour is hastening on
When we shall be forever with the Lord,
When disappointment, grief and fear are gone,
Sorrow forgotten, love's pure joy restored.**

**Be still, my soul: when change and tears are past,
All safe and blessed we shall meet at last.**

[Text: 10 10 10 10 10 10; Katharina von Schlegel; in Neue Sammlung Geislicher Lieder, 1752; tr. by Jane Borthwick, 1813–1897. Music: Jean Sibelius, 1865–1957.]

Prayer after Communion

God our creator,
by your gift
the tree of life was set at the heart of the earthly paradise,
and the bread of life at the heart of your Church:
may we who have been nourished at your table on earth
be transformed by the glory of the Saviour's cross
and enjoy the delights of eternity;
through Jesus Christ our Lord.

All **Amen**

All **Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Notices.

THE DISMISSAL

Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;

and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen**

Recessional Hymn

**Immortal, invisible, God only wise,
In light inaccessible hid from our eyes
Most blessed, most glorious, the Ancient of Days
Almighty, victorious, thy great name we praise.**

**Unresting, unhasting, And silent as light,
Nor wanting, nor wasting, thou rulest in might;
Thy justice like mountains high soaring above
Thy clouds which are fountains of goodness and love.**

**To all life thou givest - to both great and small;
In all life thou livest, the true life of all;
We blossom and flourish as leaves on the tree,
And wither and perish - but naught changeth thee.**

**Great Father of glory, pure Father of light,
Thine angels adore thee, all veiling their sight;
All laud we would render: O help us to see
'Tis only the splendour of light hideth thee.**

[Walter Chalmers Smith]

The ministers and people depart.

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SERVICE TIMES

Wednesday 23rd February 11am

Sunday 27th February 9.30am

The Sunday service is livestreamed and can be viewed later our Facebook page

Please remember in your prayers this week:

THE SICK:

James Bedford	Pat Kyle	Rev. Peter Taylor
Robb Clarke	Pauline Lewis	John Wasley
Ann Considine	Chris Maddock	Carla Wells
Julia Cowley	Mrs McCammon	Sheila West
Michael Dixon	Libby Mills	Philip Willerton
Anna Elwell	Raymond Nation	Chick Wilson
Jack Everett	Pat Parish	Peter Wilson
Peter Garner	Peggy Pinfold	Jo Wood
Eileen Gilbert	Elizabeth Savill-Burgess	Erin
Juilet Griffith	Delphine Scrivener	Izzy
Alison Griffiths	Riley Shaw	Nic
Vicky Hall	Emily Smith	Baby Reuben
Jean Iddiols	Elsie Stone	Bob
Jane Johnson	Roy Stone	Margaret

THE RECENTLY DEPARTED

Neil Bate

THOSE IN OUR MEMORIAL BOOK THIS WEEK

Betty Mills	Warren Francis Morrison	Kenneth Ingham
Ethel Mary Scott	Florence Peckham	Florence Davenport

NOTICES

The Parish Office is available by phone weekdays 9am – 5pm

Church Opening

St Hilda's is open for public worship services. ***We are operating the ticket booking system to keep everyone safe at this time. Please contact the office if you are unable to book online.***

Day of Service	Booking Opens	Booking Closes	Livestream
First Sunday of the month (8am)	Monday 9am	Friday 5pm	No
Sunday (9.30)	Monday 9am	Friday 5pm	Yes
Wednesday (11am)	Thursday 9am	Tuesday midday	No

Masks will be optional from the 13th February. If you feel unwell, we ask that you do not attend. If you feel unwell within 3 days of coming to St Hilda's please contact us so that we can maintain the health and safety of all who attended the same service.

St Hilda's Memorial Book

We will be sending the Memorial Book away for updating soon. If you would like to have a name added please complete the form which can be found in the memorial corner of the church and return it to the office by 28th February.

Community Lunch

Join us for the Community Lunch at midday on Wednesday, book your place via the office or the links on Facebook or our website.

If you are able to come forward and help, even once a month, please do liaise with Bobbie.

Paving Slabs needed

If anyone has any spare slabs that could be used in the Memorial Garden, please see Paula Gething.

Feed my sheep –Tuesday 22nd February 2.30pm – 4pm

The theme is Whose Bible is it ?

Mothers' Union Eucharist – Tuesday 1st March – 9.45am

Monthly Mothers' Union corporate communion

Pancake Party – Tuesday 1st March - 5.30pm – 6.30pm

Join us for some fun activities and delicious pancakes. Please book via the links on our website, Facebook page or by contacting the parish office for catering purposes.

Ambling through Acts course – next meeting 3rd March

(7:30pm on the first Thursday of each month)

Led by Fr Steve, a study of the Acts of the Apostles will entail a close reading of the text. We will see the unfolding story of the beginnings of the church through the eyes of the writer, try to discern his purposes, discover new things, and learn that though the context has changed, human nature remains much the same. Hence, the struggles of those first followers may find resonances in our own day as we live out our individual lives of discipleship and participate together in the life of the church.

Everyone is very welcome to attend. There will be refreshments at the end. We will finish by saying Compline (Night Prayer) together round about 9pm. I hope to see you there. Please bring a bible – ideally the NRSV, but any version will do.

Women's World Day of Prayer – Friday 4th March

The World Day of Prayer in Ashford is organised as a multi-denomination service and this year will be held at The Baptist Church behind the Tesco Express off the high street. The service is on Friday 4th March at 10.30am. A poster is on the blue boards at the back of Church. All are welcome.

Time to Worship Together – Lent – A time to change direction

Please book via the office or the links on our website and Facebook page.



St Hilda's Church,
Ashford



Come and join us for an hour on
**5.30pm Friday 11th
March 2022**

A Time to Worship Together Service

Lent - A time to change direction

Things to make, songs to sing, prayers to join in with.

This event is being held in conjunction with FACT, a local Christian charity.

Bring everyone who lives with you, all your household.

Light refreshments afterwards.

Book a table for your household via the church office

01784 253525

office@sthilda.org

Breakfast – Saturday 12th March 9.30 – 11am

Join us for a hearty breakfast and great company. Our guest speaker this month will be Ruth Fogg, a therapist, educator and author. Booking can be via the links on our website/ Facebook page or by contacting the parish office.



STRESSWORX - Positive Solutions for Peace of Mind

Ruth specialises in providing practical skills and solutions to understand and manage stress in both personal and professional situations. She has been in business since 2002 and her qualifications include a Diploma and MSc in Counselling Psychology, Teaching, Hypnosis, Emotional Freedom Technique and Stress Management. She wears hearing aids in both ears but is an excellent lipreader! She is an Honorary Fellow of Brunel University and a Fellow of the International Stress Management Association.

Ruth has written “Stress Tips for Busy People”, “Tapping for Teens” and “Stress n’ Stuff - Tackling Teenage Mental Health”, Tackling Tough Times, Tackling Student Stress a “Stress Awareness Diary for Carers” and “A Little Book of Gratitude” For children she has written “Merlyn the Magic Monkey” and “Uneska the Understanding Unicorn” both of which have colouring books as well.

Ruth has a background in teaching and youth work. She was Head of the Youth Service in the London Borough of Ealing for twelve years and was the chairperson of the Centre for Youth Work Studies at Brunel for ten years. As a freelance trainer and qualified Assessor, she has delivered qualifications in youth work in London and the Home Counties. As an Ofsted Inspector she has undertaken inspections and numerous pre – inspection checks for youth services all over the country. Until recently she was a Director of YMCA London South West and Middlesex Young Peoples Clubs. She was also a Trustee for MIND in Ealing and YMCA Training and a Master Facilitator for the 7 Habits Teen programme.

Ruth is a member of the General Hypnotherapy Standards Council; Spelthorne Business Forum; The Complementary and Natural Healthcare Council and the Professional Speakers Association. She is a Stress Advisor for The International Stress Management Association and Mental Health advisor for Swan Radio. She is married with two adult sons and lives in Wraysbury, and is a founder member of “wraysbury matters”, promoting wellbeing in the community. www.stressworx.co.uk ruth@stressworx.co.uk

Bible Study – every Wednesday

Bible Study group will be meeting in Church this week at 7.30pm.

Pilgrimage to Westminster Abbey – Date TBC

A parish pilgrimage is being arranged to Westminster Abbey, please sign up on the sheet at the rear of the Church or contact the office. A date will be arranged if we have enough interest.

St Hilda's News

The February issue is now available on our website.

Sponsor a church chair

It is not too late to sponsor a chair or a trolley as we would still like purchase more.

If you can help, please complete the form at the rear of the Church.

- £90 covers the cost of a chair
- £225 covers the cost of a stacking trolley

Contact Information

Vicar

Fr Joseph Fernandes

vicar@sthilda.org

Vicarage 01784 254237

Parish Office 01784 253525

Mobile 07999 053433

Licenced Lay Ministers

Carolyn Clark carolyn@sthilda.org

Rosalyn Young rosalyn@sthilda.org

Churchwardens

Bobbie Bedford

Frances Forsbrey

PCC Secretary

Denise Buttigieg

PCC Treasurer

Darran Buttigieg

Parish Administrator

Denise Buttigieg

Church Hall Bookings

Chris Davenport

01784 252170

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CCLI: 708985

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